

# HOW TO IMPROVE STUDY HABITS

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### Excerpt

Too many students' grades are falling, especially in a time when regular classrooms cannot fully open. Parents everywhere are at a loss regarding what to do with their responsibilities in the face of the increasing downturn in their children's grades. It seems as though, with the advent of social media, the attention of a lot of students has been shifted from their books to their smartphones or computers. Apart from social media, blame has also been put on a decline in the interest of students regarding education in general. Students, at the moment, do not have the motivation or zeal, as it seems, to even study.

In the last decade there has been a steady decline in the level of interest exhibited by young people regarding their academics, which has translated to the low grades experienced. However, the tip for solving the problem is one that has been followed for decades: discipline. More importantly, discipline to develop good study habits.

Good study habits, or skills, are solutions to the problems experienced by students. This has been true for a long time, but the world is changing rapidly, which also means that the tools employed during study have to be changed in order to keep up.

This is especially true as a result of the covid-19 pandemic that has forced students to study and learn from home rather than in the classroom. E-Learning, or online learning, can be effective, but only if the student has the discipline and drive to succeed using the tools and materials they are provided by teachers. Without strong study skills the student will fall behind in the classroom. Online the failure to develop good study skills can be devastating, leading to an inability to achieve the success in life the student could otherwise achieve.