

THE EFFICIENCY JOURNAL

by Misha Saidov

EXCERPT

Peter was born with achondroplasia or dwarfism. He dreamed of becoming an actor his entire life. Yet, in the world of theater and film, there are very few roles for people with dwarfism. They are usually offered jobs as clowns or leprechauns. After finishing school, Peter could not get even a single proper role as an actor. Since he needed to make a living, he found a low-paying position processing applications. Peter spent six years at this job and was constantly depressed and drunk on the weekends. At the age of 29, on one of his sober days, he promised himself that he would find work as an actor, and it did not matter where. He got a role in a play in a small theater. This role led to another under the direction of the same playwright. That one, in turn, led to another, and so on. Peter never again processed applications.

You may recognize Peter Dinklage as Tyrion Lannister from *Game of Thrones*, one of the most popular television series of all time. The day Dinklage decided to quit the job he hated, his heart pounded in his chest out of fear about the future. In his early years, he endured a lot of criticism and failure, but gradually, Dinklage built his brilliant acting career.

So what are you waiting for?

If you work 8–10 hours per day and commute to and from work for about 90 minutes, you will spend more than 75% of your adult life either sleeping or working.

Life is short. If you have a dream, the best moment to start making it a reality was yesterday. The next best moment is today.